Fit4Training



Use of video evidence in practical assessments: policy and procedure

Fit4Training recommend that practical assessments do take place in a setting with both the student and assessor present. However, we also recognise that students may want the facility to use video recording to submit evidence for practical assessments.

A copy of the video must be provided to the courses assessor and internal quality assurer.

Students that are granted approval to use videoed evidence in practical assessments **must consistently** follow the Fit4Training Policy and Procedure on Use of Video Evidence in Practical Assessments as detailed below.

Requirements for use of video evidence in practical assessments

- 1. The assessment must be available in digital format and submitted to your assessor via WeTransfer or by uploading to YouTube as a private video.
- 2. The recording must be accompanied by details of your full name, date of birth, date of assessment, and clearly marked stating the unit or qualification title.
- 3. The recording must contain footage of the assessment only, which must commence at the beginning of the recording.
- 4. The assessment must be shot in one take. Assessor cannot assess the evidence if the recording contains edits.
- 5. You and participant(s) must be in camera shot throughout the entire recording.
- 6. You must be clearly heard at all times throughout the recording. If it is difficult to hear your instructions, you will be asked to make a further recording.
- 7. Any comments should be clearly audible at all times.
- 8. The assessment must be conducted in a suitable environment (for example a commercial health and fitness centre). If the venue is deemed to be unsuitable by the assessor, you will be asked to identify an appropriate environment and make a further recording. The location in which you are recording your evidence should always be agreed in advance with Fit4Training.
- 9. A copy of the lesson plans and informed consent forms for all of the participants being filmed must accompany video assessment submissions.
- 10. A certified copy of any legally recognised form of photo identification (for example a driver's licence or passport) must accompany the video submission.
- 11. The video content must cover the assessment range required in the unit/qualification assessment guidelines (please refer to the appropriate observation checklist).